

# ROSE WEAVERS'

## Menopause Mama™



### Celebrating Our Natural Changes

"Menopause Mama is very funny & uses the stories of women—and men— who have successfully (and not-so-successfully) chartered the waters we call "the change of life." Weaver depicts the struggles, triumphs, and tears as well as the lighter side of menopause and aging."

"Rose's singing and acting are as good as they come. Whether playing a 15-year-old girl with her ripening body or an old woman full of the wisdom that comes with experience, she is utterly delightful and convincing. I was moved to tears, sitting in the audience, watching Rose make art and music out of the essence of my life's work about women's wisdom and women's bodies."

Dr. Christiane Northrup, Author

*The Wisdom of Menopause  
Women's Bodies, Women's Wisdom*

"...thank you for contributing to the understanding of a woman's life passage from adolescent to menopause."

—Deborah Olijnyk, Senior, Paralegal Major,  
Johnson & Wales University

I have had nothing but GREAT reviews, comments, kudos!! The Women's Resource Centre was ecstatic about the first class production that we put on."

—Denise Whitter, Women's Resource Center  
Bermuda

"Rose Weaver's Menopause Mama will take you on a journey that is poignant,  
funny and inspiring."

— Carol Landau, Ph. D., Brown Medical School  
Co-Author, *The Complete Book of Menopause:  
Every Woman's Guide to Good Health*

### BOOKING INFORMATION

Rose Weaver Productions

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[www.menopausemama.com](http://www.menopausemama.com)



Written & Performed by Rose Weaver

# MENOPAUSE MAMA

*Celebrating Our Natural Changes*



**Actress, Singer, Writer, Producer**

**ROSE WEAVER**, utilizes artistic endeavors as a means to raise social awareness, to look at ourselves through the mirror of theatre. The author of several plays and monologues, she went out into the community, talked with girls, women, boys, and men in order to find out what they were thinking, how they were feeling and reacting to aging in our society. Rose combined her personal need to understand her own physical and psychological changes with what she learned from the people and captured the spirit, strength, pain and humor in the voice of aging. Her 30 years as an Actress and Singer includes TV shows, *In the Heat of the Night*, *The Young & the Restless*, *LA LAW*; several films (including *The Accused* opposite Jodie Foster) and numerous theatre performances, including many seasons with the Trinity Repertory Company, where she has played Billie Holiday in *Lady Day at Emerson's Bar & Grille*, the longest running play in Trinity's history, *The Mark Taper Forum*, the *Old Globe*, and *Arkansas Rep*.

Rose has a BA in English from Wheaton College, an MFA in Creative Writing from Brown University, and holds an Honorary Doctor of Fine Arts from Marymount Manhattan College in New York. She has taught at Wheaton College, Rhode Island College, has been an Artist-in-Residence at numerous schools, and performed with her Jazz/Blues Trio.

## FOR MORE INFORMATION:

**Rose Weaver Productions**

310-559-7673

[www.menopausemama.com](http://www.menopausemama.com)

[roseweaver@roseweaver.com](mailto:roseweaver@roseweaver.com)

In this scintillating and sassy one-woman show, *Menopause Mama* depicts the struggles, triumphs, tears, and the lighter side of menopause and aging through a variety of true-to-life characters, and tackles tough subjects with a take-no-prisoners honesty.

Rose uses songs, prose, spoken word, movement and characters who transform from age 15 to 85, and woman to man right before the audiences eyes, to expose many myths that have prevented positive aging in various cultures. She challenges audiences to examine new paradigms of aging in a time when growing older carries more negative connotations than positive, more dread and fear than joy.

## POST SHOW DIALOGUE

*Menopause Mama* has been celebrated by audiences of both women and men, young and old, acting as entertainment therapy and a catalyst to feeling positive about our natural changes.

The artist joins your post-panel discussion or may facilitate Q & A's herself. Post-show discussions have involved Fine Arts & Theatre, Women's Health Events & Conferences, College & University Women's Studies Programs, Health Departments, Women's Resource Centers, Learning Communities, Retirement Communities, and Humanities.

**OPENING ACT** for programs featuring celebrity speakers such as Jane Seymour and Dr. Carol Landau.

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